

The Omnivorous Mind Our Evolving Relationship With Food

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The Omnivorous Mind Our Evolving

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The Omnivorous Mind: Our Evolving Relationship with Food ...

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The Omnivorous Mind: Our Evolving Relationship with Food ...

In The Omnivorous Mind, neuroscientist John Allen takes the long view of our eating habits, tracing their development through the evolution of our species. He expands on the increasingly widespread view that “the obesity epidemic that is occurring in developed countries throughout the world is ultimately a result of placing bodies and minds evolved for one environment in one that is wholly different.”

The Omnivorous Mind: Our Evolving Relationship with Food ...

We humans eat a wide array of plants and animals, but unlike other omnivores we eat with our minds as much as our stomachs. This thoughtful relationship with food is part of what makes us a unique In this gustatory tour of human history, John S. Allen demonstrates that the everyday activity of eating offers deep insights into human beings’ biological and cultural heritage.

The Omnivorous Mind: Our Evolving Relationship with Food ...

The Omnivorous Mind delivers insights into food aversions and cravings, our compulsive need to label foods as good or bad, dietary deviation from “healthy” food pyramids, and cross-cultural attitudes toward eating (with the French, bien sûr, exemplifying the pursuit of gastronomic pleasure).To explain, for example, the worldwide popularity of crispy foods, Allen considers first the food habits of our insect-eating relatives.

The Omnivorous Mind - Our Evolving Relationship with Food ...

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The Omnivorous Mind : Our Evolving Relationship with Food ...

The Omnivorous Mind. Book Description: ... Beginning with the diets of our earliest ancestors, he explores eating’s role in our evolving brain before considering our contemporary dinner plates and the preoccupations of foodies. eISBN: 978-0-674-06473-7. Subjects: Biological Sciences, ...

The Omnivorous Mind: Our Evolving Relationship with Food ...

We humans eat a wide array of plants and animals, but unlike other omnivores we eat with our minds as much as our stomachs. This thoughtful relationship with food is part of what makes us a unique species, and makes culinary cultures diverse. Not even our closest primate relatives think about food in the way Homo sapiens does. We are superomnivores whose palates reflect the natural history of our species.

The Omnivorous Mind — John S. Allen | Harvard University Press

“ In The Omnivorous Mind, neuroscientist John Allen takes the long view of our eating habits, tracing their development through the evolution of our species. He expands on the increasingly widespread view that ‘the obesity epidemic that is occurring in developed countries throughout the world is ultimately a result of placing bodies and minds evolved for one environment in one that is wholly different.’

The Omnivorous Mind — John S. Allen | Harvard University Press

John S. Allen’s The Omnivorous Mind is an examination of the cultural and biological truths revealed by our evolving relationship with food. From the diets of our earliest ancestors, to cooking’s role in the evolution of the human brain, to the preoccupations of contemporary foodies, Allen’s take on how and what we eat is consistently revelatory. Below, Allen looks at the powerful role food plays in human memory.

Food and Memory - Harvard University Press Blog

Humans, The World’s ‘Superomnivores’In his book The Omnivorous Mind: Our Evolving Relationship with Food, neuroanthropologist John S. Allen discusses the history of human eating, from foraged foods...

Humans, The World’s ‘Superomnivores’ : NPR

In The Omnivorous Mind, a gustatory tour of human history, John S. Allen demonstrates that the everyday activity of eating offers deep insights into human beings’ biological and cultural heritage. We humans eat a wide array of plants and animals, but unlike other omnivores we eat with our minds as much as our stomachs.

John Allen explains The Omnivorous Mind: Our Evolving ...

The Omnivorous Mind: Our Evolving Relationship with Food Publisher: Harvard University Press Price: \$25.95 Author: John S. Allen Length: 328 page Format: Hardcover Publication date: 2012-05 ...

The Omnivorous Mind: Our Evolving Relationship with Food ...

John S. Allen, a research scientist at the University of Southern California, explores our draw to crispy foods in a new book called The Omnivorous Mind: Our Evolving Relationship With Food. He...

Why Do Humans Crave Crispy Food? : NPR

When you think about open world games, your mind tends to leap to Assassin’s Creed, Grand Theft Auto, and all the other big hitters of the genre. But you might be surprised to learn that one of ...