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9780736031806:
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**Ernest W. Maglischo
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For all of us that read and collect swimming books it is not strange that Prof. Maglischo wrote this magnificent book. The first edition of Swimming Even Faster (Swimming Faster 1982) was a best seller for almost 11 years and it was the best swimming book ever written before this edition appeared.

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swimming for 38 years,
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universities and two
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Description This work is a reference on competitive swimming, including information on stroke technique and training methods for swimming.

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Maglischo's book
"Swimming Even
Faster" was released in
1993, the
comprehensive
swimming book got
updated in 2003 when
"Swimming Fastest"
was released. [3]
References [edit]

Ernest W. Maglischo
Page 12/24

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- **Wikipedia**

Swimming Fastest.
(Anglais) Relié - 1 avril
2002. de E.W.
Maglischo (Auteur) 4,6
sur 5 étoiles 49
évaluations. Voir les
formats et éditions.
Masquer les autres
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Prix Amazon. Neuf à
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March 26. OAKLAND University head men's and women's swimming coach Pete Hovland announced today that his mentor and predecessor Ernie Maglischo will return to the coaching ranks with the Golden

Ernie Maglischo Returns to Coaching Ranks - Swimming World ...

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Guide to the Science of
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Comprehensive Guide
to the Science of
Swimming by
Maglischo, E.W. 3rd
(third) Revised Edition
(2002)

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Instead, you should
keep your head in
alignment with your
spine for more
efficiency and less
strain on the neck. This

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is the kind of ingenious revelation that Maglischo offers in Swimming Fastest. Note: this is NOT for the beginning swimmer. It is dense, mathematical, and technical.

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written on competitive swimming—author Ernest Maglischo reveals the science behind the training principles that led...

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The HIHVT protocol was a modification of the 2000 m test protocol described by Maglischo. The swimmers performed

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10 bouts of 200 m
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**PG. 10 - Swimming
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SWIMMING: The
Ultimate Guide to

[PDF] Swimming Fastest

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were exposed to in a leakage test.

Water Resistant mark - Wikipedia

If I was going to have my bookshelf in the background of a swimming video, I would include at least one book by Doc Counsilman and one book by Ernie Maglischo. He has the Science of Swimming ...

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