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Starving in Search of Me resolves with hope and an abundance of insights, tools, and resources to support eating disorder sufferers and members of the LGBTQ community alike. It's a head-on journey toward total self-acceptance that will nourish the spirit and inspire readers to embrace their differences and nurture their authentic selves.

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Readers of this riveting memoir, Starving in Search of Me, will relate to the coming-of-age story of a young woman confronting some of life's major issues while living, for a time, in two closets: one to hide her eating disorder and one to hide her sexuality and very identity.

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Starving In Search of Me by Marissa LaRocca - Mango

Starving in search of me: a coming-of-age story of overcoming an eating disorder and finding self-acceptance. [Marissa LaRocca] -- This confessional self-help guide explores the complex emotional truth of what it s like when food, weight, and body image take priority over every other human impulse or action.

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I imagine it would be difficult to not find something one could relate to throughout "Starving In Search of Me." Throughout this approachable narrative, Marissa LaRocca reveals her struggles with eating disorders, sexuality, and developing an identity in environments more conducive to some than others.

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