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Lipski is a on the
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Clinical nutritionist
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edition of Digestive Wellness—the go-to reference book for clinicians and people serious about good health since 1995. Digestive Wellness is used in dozens of college-level nutrition courses and is a classic in the nutrition field. In the new 5th edition, Dr. Lipski has extensively rewritten the book and provided hundreds of new, science-based ...

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Lipski Today I'm

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Dr. Lipski has been a
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reviewed papers and is
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She is the founder of
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...

Elizabeth Lipski is a
clinical nutritionist and
author of several books
on nutrition and

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digestion.. Lipski has been working in the field of nutrition, holistic health, herbology, lifestyle management, and relaxation and visualization techniques, for over 30 years. She has worked in medicine and academia and was most recently named Director of Academic Development, Nutrition & Integrative ...

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